

## **Field Sobriety Testing and DRE Evaluation Instructions and Clues**

### **Horizontal Gaze Nystagmus Instructions:**

I am going to check your eyes. Please remove your glasses. Are you wearing contacts? Please look at the top of the stimulus. Keep your head still, and follow the top of the stimulus when I move it. Only move your eyes, not your head. Do you understand? (Check horizontal first, then vertical, holding the stimulus approximately 12 to 15 inches (30 to 38 centimeters) away.)

HGN Clues: (Six clues total, three in each eye). There are no specific clues for vertical nystagmus.

- Lack of smooth pursuit
- Distinct nystagmus at maximum deviation
- Angle of onset prior to 45 degrees

### **Romberg Balance Instructions:**

Please stand with your heels and toes together, and your arms at your sides. Do not begin until I tell you to. When I tell you to, tilt your head back like this and close your eyes.

**Demonstrate, keeping your eyes open for officer safety reasons.** When I say "begin," estimate a 30 second time period for yourself. When you think that 30 seconds have passed, open your eyes, tilt your head forward, and tell me "stop." Do you understand? Tilt your head back, close your eyes, and begin.

### Walk and Turn Instructions:

Please put your left foot on the line. Now put your right foot in front of it, with your right heel touching your left toe. **Demonstrate.** Do not begin until I tell you to. When I say "begin," take nine heel to toe steps down the line, turn around, and take nine heel to toe steps back. Make your turn by keeping your front foot on the line, and then use your other foot to turn yourself around with several small steps. **Demonstrate.** Keep your arms at your sides at all times. Watch your feet at all times, and count your steps out loud. Once you begin, do not stop until you have completed the test. Do you understand? Begin.

W & T Clues (eight clues total, two in instruction phase, six in walking phase):

#### Instruction phase:

- Cannot keep balance
- Starts too soon

#### Walking phase:

- Stops while walking
- Misses heel-to-toe
- Steps off the line
- Uses arms to balance
- Improper turn
- Wrong number of steps

### **One Leg Stand Instructions:**

Please stand with your heels and toes together, and your arms at your sides.

**Demonstrate.** Don't do anything until I tell you to. When I tell you to, raise your right foot approximately six inches (or 15 centimeters) off the ground, with your toes pointed out. Keep your left leg straight. Hold that position while you count out loud for 30 seconds in the following manner: "1001, 1002, 1003," and so on until I tell you to stop. If you put your foot down, immediately lift it back up and continue counting. Watch your raised foot while you are counting, and keep your arms at your sides. **Demonstrate.** Do you understand? Begin. (**Time the suspect for 30 seconds.** If the suspect counts too slow, stop the test at 30 seconds. If the suspect counts too fast, direct the suspect to keep the foot up and continue counting until 30 seconds have elapsed.) Repeat the test with the suspect standing on the right foot.

OLS clues (four total):

- Swaying
- Uses arms to balance
- Hopping
- Puts foot down

### Finger to Nose Instructions:

Please stand with your heels and toes together, and your arms at your sides. Make a fist, and extend your index fingers. Place your arms at your sides with your palms facing forward. **Demonstrate.** Do not begin until I tell you to. When I tell you to, touch the tip of your nose with the tip of your index finger. **Demonstrate.** I will tell you which hand to use. Return your hand to your side after touching your nose. Your eyes will be closed, and your head will be tilted back. **Demonstrate, but do not close your eyes for officer safety reasons.** Do you understand? Tilt your head back and close your eyes.

(Sequence: L,R,L,R,R,L).

*Additional: An acronym for the eight clues of the Walk-and-Turn test is:*

*"BS SO WHAT."*

- B Balance
- S Starts too soon
- S Stops Walking
- O Steps Off Line
- W Wrong number of steps
- H Misses Heel-to-Toe
- A Uses Arms to Balance
- T Improper Turn

*An acronym for the four clues of the One-Leg-Stand is "DASH."*

- D Puts foot Down
- A Uses Arms to Balance
- S Swaying
- H Hopping